



## a **NEARLY** NO-SEW STUFFED HEART PATTERN

Instructions for Magic Loop

Gauge not critical - you can vary the size of the heart by using bigger (or smaller) needles and different yarn. As a general guideline, use slightly smaller needles than usual for your yarn, to ensure a tightly knit fabric.

There are two choices. For the easiest version, use KFB for all increases.

You may prefer **M1** for all increases after Round 4 - some people feel it gives a smoother look.

1. Using a long tail cast on, cast on 6 stitches
2. Divide for Magic Loop, 3 stitches per needle. Join to knit in the round, being careful not to twist.

**Only use the RED instructions for the Make 1 increase version**

Round 1 Knit

Round 2 KFB, K1, KFB twice (5 stitches on each needle) **(same for M1 Version)**

Round 3 Knit

Round 4 K1, KFB x3, K1 on each needle (8 stitches on each needle) **(K1, M1, K1, KFB, K1, M1, K1)**

Round 5 Knit

Round 6 K1, KFB, K to last 2 stitches, KFB, K1 on each needle (10 stitches on each needle)  
**(K1, M1, K to last 2 stitches, M1, K1) on each needle**

Round 7 Knit

Round 8 - 13 Repeat round 6 and 7 x 3 till there are 16 stitches on each needle + the knit round

Round 14 Knit

Round 15-18 Repeat round 6 and 7 x 2 till there are 20 stitches on each needle + the knit round

Round 19-20 Knit

**Heart bumps:** Mark the beginning of the round. On first needle, Knit 10 stitches.

Slip last 10 stitches from the first needle and first 10 stitches from the second needle onto a stitch holder or scrap yarn then knit the last 10 stitches from the second needle.

Working just on these 20 stitches:

\*Knit 2 rounds.

K1, K2tog, K4, K2tog, K1

Knit one round

K1, K2tog, K2, K2tog, K1\*

Break the yarn with a long tail and thread a needle with the tail. Run it thru the live stitches but **DO NOT GATHER**

Thread the yarn end on a needle and close the gap in the middle with a stitch or two.

Unthread the needle and use the yarn to join. 10 stitches on each needle.

Knit one round

Repeat above \* to \* (for the second Heart Bump) on these 20 stitches

Stuff the heart then gather the tops and secure the ends. If you need to close the middle gap further, use the tail to do so. Weave in the ends.