

# Kennedy Word Book

By Mary Anne Walters

## **You will need:**

at least 5 sheets of 12 x 12 cardstock in the same colour  
at least 2 sheets in a co-ordinating colour  
a sheet of accent colour  
patterned paper and chipboard for the cover  
three eyelets

This is not a requirement if you want your book to be a variety of colours. It's just what I used to make my book.

You also need the usual: a trimmer, score board and bone folder, adhesive etc.

**THIS WILL NOT DEAL WITH THE BASIC STUFF** - cutting your letters and pages - just the tricky bits.

I would **STRONGLY RECOMMEND** that you make your first on using my dimensions as follows:

Pages: 4 1/2 inches by 7 inches  
Accordion score lines at **ONE INCH**

The **NUMBER** of pages is totally flexible. The size of the font is slightly flexible, but again, I'd make the **FIRST** one as I did. Some of the choices were made to work well with the standard 12x12 cardstock. Changing will mean you need more, and you will have to make some serious adjustment.





Cut all your pages.

Cut your letters - mine are about 2 inches wide by about 4 and a bit inches tall. Hand cut them or use a die-cut machine. My font is called Rosita (free font)



If you want to, cut the Nestie shapes to decorate the page edges as shown here. Make sure your letters will fit on 1/2 of the Nesties.

This is totally skip-able. I just like how it looks

Create all your pages



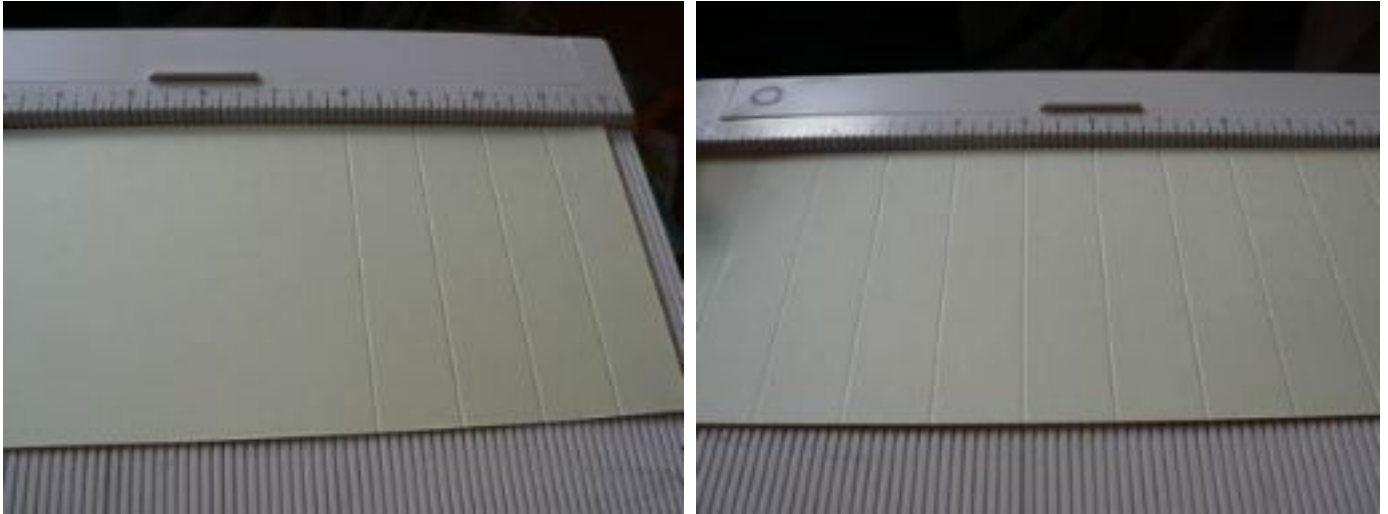
Set these aside. Cut two (or more) strips of 12 x 12 cardstock as wide as your pages (remember, mine were 4 1/2 inches)

You are going to need to overlap and stick your accordion folds to create a continuous strip. The number of “mountains you are going to need:

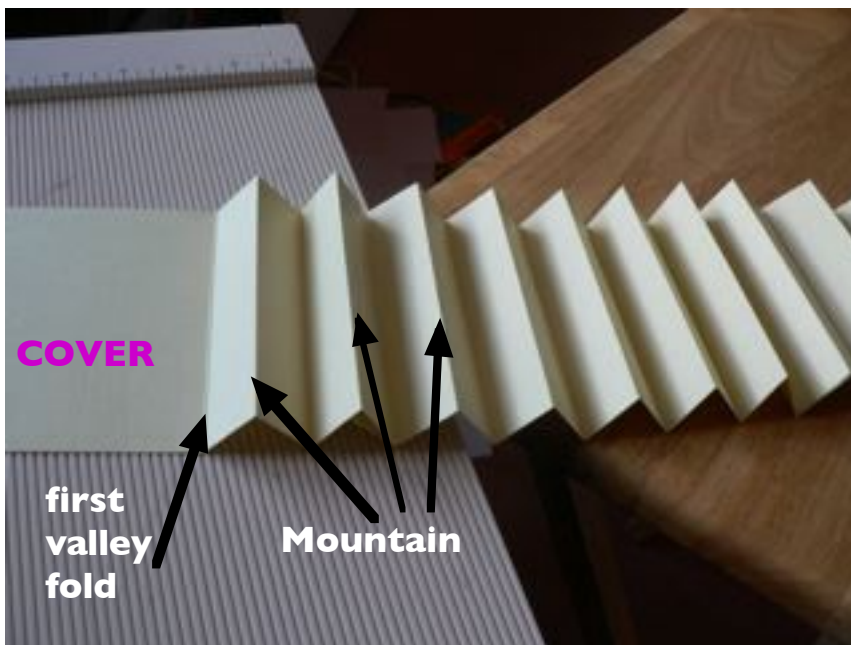
**the number of letters in your word + two additional mountains**

I have 9 letters, so 11 mountains needed.

Keeping that measurement in mind, score your first strip of cardstock at the length of your pages (7 inches) then every one inch to the edge. Score the 2nd (and third if your word is VERY LONG) every inch



Crease all your score lines well. Start with the cover, a valley fold, then a mountain.



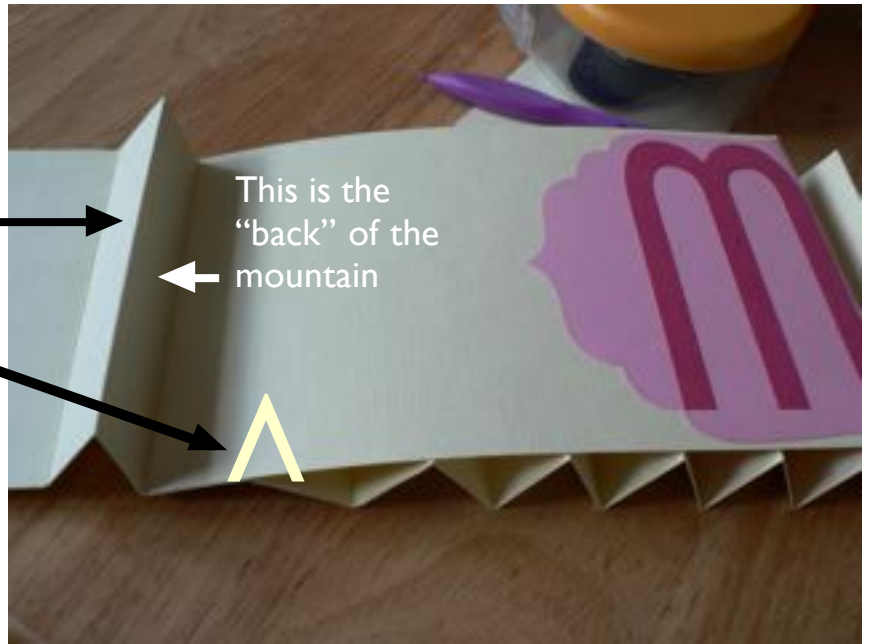
You will have to overlap the accordion pieces to get your continuous strip.



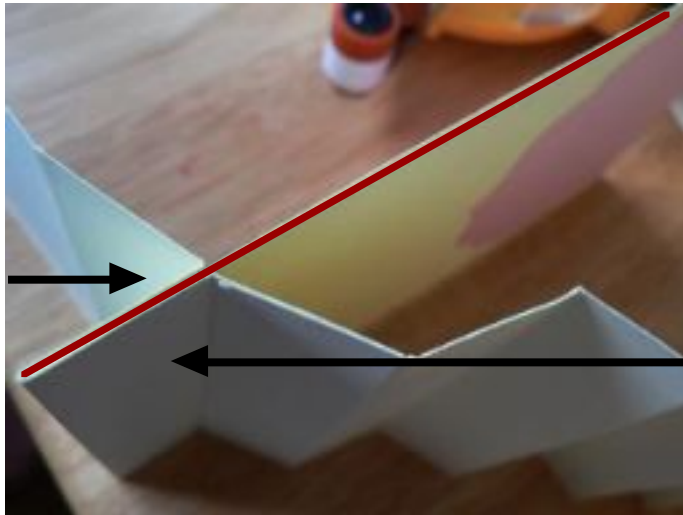
Skip the first complete mountain and add your first page to the leading edge of the second mountain as shown

Skip this one

add your first page here



This is the "back" of the mountain



Add adhesive to the back of the mountain you skipped and press that onto the front of the first page and sandwich the first page.

Maybe you can see it better below?

Stick each page to one leading edge of each mountain

Pay attention to the letter order - don't misspell your word. :)



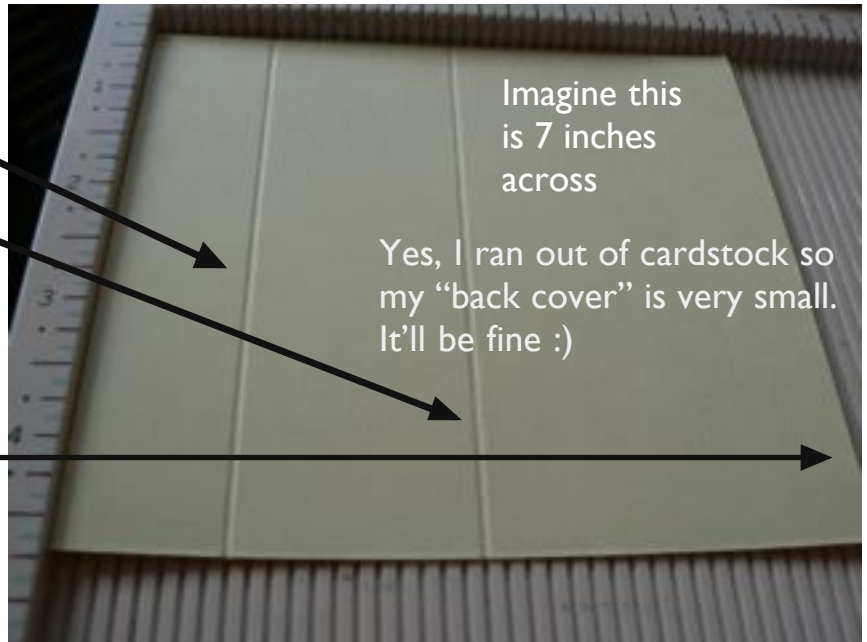
Now for the back cover and spine :

Score at 1 inch for the attachment

Score at 1 1/2 inches for the spine

Cut at 7 inches for the back cover

Do this twice - if your cardstock is textured, score on piece on the textured side and one piece on the smooth side



Crease your two pieces well, then stick the two SMOOTH sides completely together, edge to edge.

Trim any uneven edges.

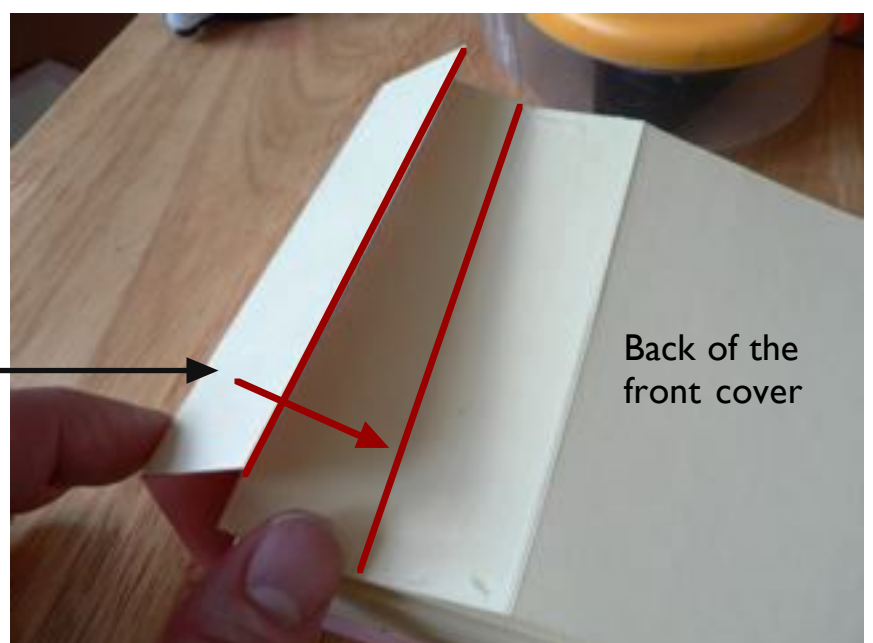
Now you are going to join the whole thing up.

Lay your book so you are looking at the BACK of the front cover.

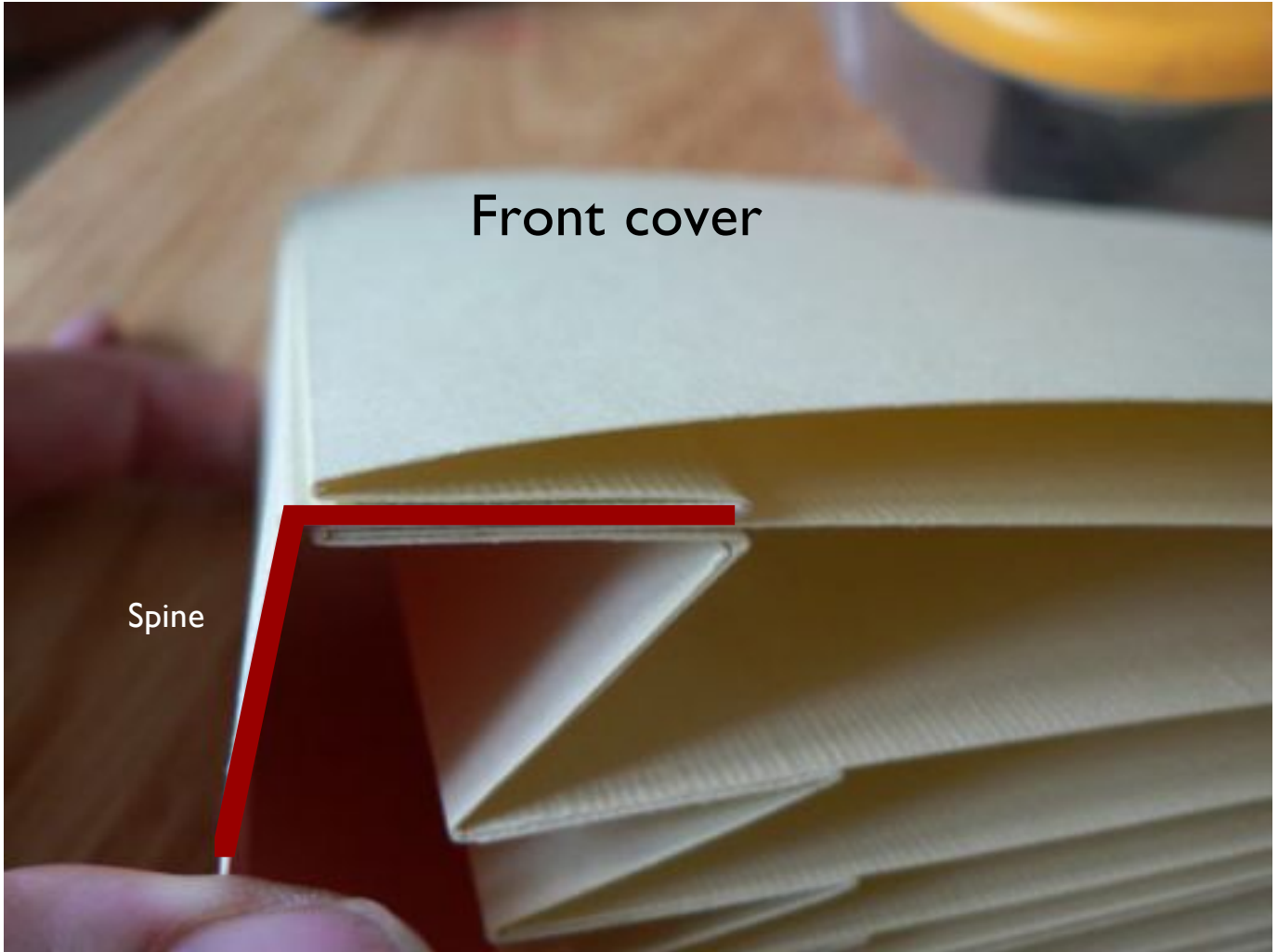
Lay your spine to the left, with the BACK COVER on the table.

The 1 inch attachment piece of the spine is here

You are going to sandwich the attachment piece here



Stick either side of the spine attachment to really secure it. Not too close to the crease - you need it to work smoothly!



Here is a previous picture and a different angle.

Front cover





This is what it looks like - if you want to you can stop here. You will need to trim away the extra mountain at the back and extend the book by pulling on the last page. You will have plain cardstock covers.

or

You can stick chipboard covers to the front and back cover and trim the extra mountain and stop there.

OR

you can carry on and make the pull-tab and a ribbon closure.



To make the pull-tab, cut two pieces of cardstock slightly narrower than your pages and 1/2 inches longer. Mine is 3 inches wide by 7 1/2 inches

Seal the final mountain back to back

Sandwich the sealed mountain between the two pieces you just cut.



Because the mountain “shortens” the distance between it and the front edge of the final page, the tab should extend 1 1/2 inches past the pages. Decorate this in any way you like. I like to add something to indicate it needs to be pulled - a button and the words PULL usually do. Only add the button now if you will stop after adding the pull tab - the big button will interfere with the Cropadile if you want to set eyelets.



If you stop here the pull tab will extend past the edge of the book AND the covers. You can sandwich the existing covers between two slightly bigger pieces of cardstock to make sturdier covers that conceal the pull tab or sandwich between chipboard on the outside and cardstock on the inside and carry on.....

I cut my chipboard cover with a Grand Nestie. Plain rectangles work as well.

Because the book is not really attached to the back cover (if it was it wouldn't pull out) it tends to droop when you hold it upright. Can you see?



This will solve that problem and provide a ribbon tie closure. Just set three eyelets - one in the front cover, one in the pull-tab, and one in the back cover. Thread the ribbon through all three and tie with a bow. If you make your ribbon VERY long (like 36 inches) you can pull it free of the front cover, pull the tab, extend the book with the ribbon in place, then only need to thread it back through the front cover to close it again.

Just a final bit of info - decorate only ONE of the two facing pages. If you do both the embellishments may get caught on each other and keep the book from working. If you do only one, they should slide out perfectly fine but you may need to be a bit cautious sliding them back together!

Have fun!

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